

## Child Checklist of Characteristics

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Person completing this form: \_\_\_\_\_

Many concerns can apply to both children and adults. If you have brought a child for evaluation or treatment, please review this checklist, which contains concerns (as well as positive traits) that apply mostly to children or adolescents, and mark any items that describe your child. Feel free to add any others at the end under "Any other characteristics."

- Affectionate
- Abused [emotional, physical, mental, sexual]
- Argues, "talks back," smart-alecky, defiant
- Bored a lot of the time
- Bullied
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Can express emotions and thoughts appropriately
- Career/College concerns
- Cautious
- Cheats
- Confused
- Cruel to animals
- Shows appropriate concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Creative
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Destructive
- Difficulties with parental dating/new marriage/new family
- Difficulties with teachers
- Dependent, immature
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules
- Distractible, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school
- Drug or alcohol use
- Eating—poor manners, refuses to eat, appetite increase or decrease, odd combinations, overeats, binges, hides food or has food rules.
- Exercise problems
- Does well in Extracurricular activities interfere with academics
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- Failure in school
- Sees self as failure even if performance is average or above average
- Fatigue
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive

- Fire setting
- Follows directions well
- Friendly, outgoing, social
- Good problem solving skills
- Grief
- Guilt
- Headaches
- Helpful
- Honest
- High energy
- Hygiene problems
- Hypochondriac, always complains of feeling sick
- Immature, "clowns around," has only younger playmates
- Imaginary playmates, fantasy
- Impulsive
- Indecisive
- Independent
- Interrupts, talks out, yells
- Lacks organization, unprepared
- Lacks respect for authority, insults, dares, provokes, manipulates
- Shows leadership capabilities
- Learning differences \_\_\_\_\_
- Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
- Likes routines
- Likes to be alone, withdraws, isolates
- Listens well
- Lonely
- Loyal
- Lying
- Low frustration tolerance, irritability
- Mental retardation
- Missing work or school
- Money problems
- Moody
- Motivated
- Mute, refuses to speak
- Nail biting
- Nervous
- Nightmares
- Need for high degree of supervision at home over play/chores/schedule
- Obedient
- Obesity
- Overactive, restless, hyperactive, overactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- Oppositional, resists, refuses, does not comply, negativism
- Parents divorced or separated
- Perfectionism
- Plans ahead

- Prejudiced, bigoted, insulting, name calling, intolerant
- Pouts
- Reads well
- Recent move, new school, loss of friends
- Rejected
- Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
- Resistant to learning to drive
- Responsible
- Takes appropriate risks in new situations
- Repetitive movements or actions
- Rule follower
- Runs away
- Sad, unhappy
- Self-harming behaviors—biting or hitting self, head banging, scratching self, cutting or burning self
- Speech difficulties
- Speaking in public difficulties
- Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
- Shy, timid
- Sleep issues
- Smokes
- Regular stomach aches/digestive issues
- Stubborn
- Suicide talk or attempt
- Suspicious
- Swearing, blasphemes, bathroom language, foul language
- Temper tantrums, rages
- Thumb sucking, finger sucking, hair chewing
- Tics—involuntary rapid movements, noises, or word productions
- Teased, picked on, victimized, bullied
- Truant, school avoiding
- Trustworthy
- Underactive, slow-moving or slow-responding, lethargic
- Uncoordinated, accident-prone
- Unusual thoughts or ideas
- Wetting or soiling the bed or clothes
- Will ask for help
- Writes well
- Work problems, employment, workaholism/overworking/overstudying, can't keep a job
- Works well in groups
- Worries

Any other characteristics:

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